



MODEL PAPER

BEAUTICIAN - NVQ LEVEL 3

Time: 01 ½ hours

Carefully read the following instructions prior to commence the answering

- You must answer all questions in the question paper.
 - The Paper consists of multiple choice questions.
 - Multiple choice question has four answers and you have to choose the most suitable answer and put the mark “x” on the appropriate box in the answer sheet provided separately
 - Question paper consists 06 pages.
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1. The practice of public hygiene is important because it helps to preserve the:
a) quality of beautician’s services b) health of the individual
c) health of the community d) quality of beautician products
2. For a good sitting posture, keep the feet and :
a) arms close together b) knees close together
c) chin out d) chest relaxed
3. The muscles of the body are kept in good condition by :
a) tonics b) sleep
c) conditioners d) exercise
4. Personal hygiene deals with the preservation of the well – being of the:
a) individual b) community
c) town d) society
5. Bad or offensive breath may be treated and minimized by:
a) gargling with an astringent b) spraying with a disinfectant
c) spraying with a perfumed caustic d) rinsing with mouth wash
6. In order that a wet sanitizer is effective, the objects being sanitized must be:
a) made of metal b) toxic
c) completely immersed d) corrosive
7. The color of the skin depends on the blood supply to the skin and the coloring pigment called:
a) keratin b) melanin
c) fat d) moisture

17. During leg massage, pressure is applied to the:
- a) knee
 - b) ankle
 - c) between knee and ankle
 - d) between knee and hip
18. The manicure table is sprayed with disinfectant:
- a) only before the manicure
 - b) only after the manicure
 - c) before and after the manicure
 - d) only during the manicure
19. The implement used to clean under the free edge is:
- a) the pointed end of file
 - b) the pointed end of pusher
 - c) a cotton-tipped orangewood stick
 - d) any sharp, pointed implement
20. Which of the following is the correct order of make-up removed
- a. Use a cleanser remove the make-up and use a toner
 - b. Use a face wash remove the make-up and use a toner
 - c. Use a sponge with cleanser and use of a toner
 - d. Use make up remover then remove eye make up and lip makeup and then use toner
21. Products are removed from their containers with:
- a) combs
 - b) spatulas
 - c) the Beautician's fingers
 - d) the client' fingers
22. Some mask ingredients such as oatmeal can be mixed into a paste with:
- a) alcohol
 - b) astringent
 - c) hydrogen peroxide
 - d) milk
23. Skin analysis helps to determine if lubricating oil or cream is needed around the:
- a) hairline
 - b) ears
 - c) eyes
 - d) nostrils
24. When treating dry skin, Beauticians should avoid using products containing a large percentage of:
- a) banana
 - b) water
 - c) oil
 - d) alcohol
25. After draping the client and before analyzing the skin, Beauticians must wash:
- a) their hands
 - b) the countertop
 - c) the facial chair
 - d) dirty towels
26. Acne may be aggravated by:
- a) plenty of water
 - b) emotional stress
 - c) bad weather
 - d) a well-balanced diet

27. The pores of the skin are opened by applying:
- a) cold, moist towels
 - b) cold, dry towels
 - c) warm, moist towels
 - d) warm, dry towels
28. The color of the foundation is tested by blending it on the client's:
- a) forehead
 - b) nose
 - c) cheeks
 - d) jaw line
29. A moistened cosmetic sponge may be pressed over the finished makeup to give the face a:
- a) shiny look
 - b) mat look
 - c) glossy look
 - d) lustrous look
30. In corrective makeup which of the following is used to make eyes look longer and more imperious
- a) Eye liner and eye shadow
 - b) Mascara and eye liner
 - c) Eye brow pencil and kajal pencil
 - d) All of the above incorrect
31. Eyebrow pencil is applied in strokes that are:
- a) bold
 - b) heavy
 - c) light feathery
 - d) dark feathery
32. The client's hair and clothing are protected during the makeup procedure by:
- a) cleansing
 - b) draping
 - c) moisturizing
 - d) concealing
33. Lips are usually proportioned so that the curves or peaks of the upper lip fall directly in line with the:
- a) chin
 - b) upper teeth
 - c) nostrils
 - d) bridge of the nose
34. When using a chemical depilatory, the surrounding skin is protected with:
- a) astringent lotion
 - b) rubbing alcohol
 - c) petroleum jelly or cream
 - d) pre-shaving lotion
35. Cold wax removes hair in the same manner as:
- a) shaving
 - b) tweezing
 - c) a chemical depilatory
 - d) hot wax
36. Undesirable hairs from around the mouth and chin are best removed by:
- a) tweezing
 - b) clipping
 - c) singeing
 - d) shaving

37. Wax depilatories are removed from the skin by:
- a) chipping off the wax slowly
 - b) chipping off the wax quickly
 - c) pulling off the wax slowly
 - d) pulling off the wax quickly
38. Makeup is applied to the face for the purpose of :
- a) correcting an oily skin
 - b) darkening natural coloring
 - c) lubricating the skin
 - d) improving its appearance
39. Cream and liquid foundations are formulated for both oily and :
- a) whiteheads
 - b) blackheads
 - c) acne lesions
 - d) dry skins
40. Face powder should :
- a) be darker than the foundation
 - b) blend with the color tone of skin
 - c) be lighter than the foundation
 - d) eliminate when using foundation
41. In corrective makeup a lighter shade is used to :
- a) minimize a facial area
 - b) produce a shadow effect
 - c) conceal blemishes
 - d) emphasize a facial area
42. The In corrective makeup a darker shade is used to :
- a) emphasize a facial area
 - b) minimize a facial area
 - c) highlight a facial area
 - d) conceal blemishes
43. In corrective makeup, use a lighter shade than the foundation to :
- a) decrease the size of features
 - b) produce a shadow effect
 - c) make prominent features less noticeable
 - d) produce a highlight effect
44. In corrective makeup, use a foundation that is darker than the original one to :
- a) produce a highlight effect
 - b) produce a shadow effect
 - c) produce no effect
 - d) make prominent features more noticeable
45. A good salon telephone technique requires that the receptionist at all times be:
- a) defensive
 - c) apologetic
 - b) tactful
 - d) abrupt
46. When adjusting complaints over the phone, it is important to use Tact, courtesy, and:
- a) arrogance
 - c) interruptions
 - b) self control
 - d) impatience

47. A dull, sallow complexion may be an indication of :

- a) controlled disease
- b) a balanced diet
- c) adequate rest
- d) poor health

48. The function of the skin

- a) Protect internal organs
- b) Excretory organ
- c) Controls body temperature
- d) All above are correct

49. The largest organ in the human body

- a) Skin
- b) Lungs
- c) Spinal column
- d) Large intestine

50. Which of the following causes for black heads

1. Secretions of sebaceous gland blocking the pores
2. Defects in the thyroid gland
3. Not cleansing the skin daily

- a) 1 and 2
- b) 1 and 3
- c) 2 and 3
- d) 1,2 and 3