



MODEL PAPER

HAIR DRESSER - NVQ LEVEL 3

Time: 01 ½ hours

Carefully read the following instructions prior to commence the answering

- You must answer all questions in the question paper.
 - The Paper consists of multiple choice questions.
 - Multiple choice question has four answers and you have to choose the most suitable answer and put the mark “x” on the appropriate box in the answer sheet provided separately
 - Question paper consists of 06 pages.
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1. A very important attribute of a pleasing personality is a good:

- | | |
|-----------------------|-------------------|
| a) financial standing | b) appearance |
| c) loud voice | d) sense of humor |

2. It is **best** practice that skin allergy testing should take place

- | | |
|------------------------------------|------------------------------------|
| a) 04 hours prior to the treatment | b) 12 hours prior to the treatment |
| c) 24 hours prior to the treatment | d) 48 hours prior to the treatment |

3. Where should the results of the skin test is recorded?

- a) In the stock record book
- b) In the appointment book
- c) On the client record card
- d) On the prescription given to the client

4. Which one of the following is the correct way to dispose of excess chemicals?

- a) Rinsed down the outside drain.
- b) Rinsed down the sink with plenty of water
- c) Wrapped in newspaper
- d) Wrapped in plenty of absorbent paper

5. Which one of the following types of fire extinguisher must **not** be used on fires involving electrical equipment?

- | | |
|-----------------|-------------------|
| a) Water | b) Dry powder |
| c) Fire blanket | d) Carbon dioxide |

6. With tinea capitis, the patches spread and cause the hair to:
- a) become shinier
 - b) become stronger
 - c) break off
 - d) discolor
7. The treatment for oily hair and scalp includes manipulating the scalp to increase:
- a) flow of sebum
 - b) flow of perspiration
 - c) blood circulation
 - d) muscular activity
8. A basic requisite for a healthy scalp is:
- a) a poor diet
 - b) poor circulation
 - c) strong chemicals
 - d) cleanliness
- 9 Clients with dry hair and scalp should avoid the use of:
- a) strong soaps
 - b) mild soaps
 - c) moisturizers
 - d) emollients
10. The most common implement used to remove bulk from the hair is the:
- a) razor
 - b) thinning shears
 - c) clippers
 - d) shears
11. The still blade of the haircutting scissors is controlled by the:
- a) thumb
 - b) little finger
 - c) ring finger
 - d) middle finger
12. Which type of hair can be thinned closest to the scalp?
- a) medium
 - b) curly
 - c) coarse
 - d) fine
13. After removing rollers and clips, the hair is brushed thoroughly to:
- a) pull out the hair
 - b) mess up the hair
 - c) relax the set
 - d) straighten the set
14. Invisible braiding is done by overlapping the strands:
- a) under
 - b) on top
 - c) on the left side
 - d) on the right side
15. Back-combing provides additional:
- a) curl
 - b) volume
 - c) color
 - d) length

16. Combs, hairpins, clippies, and hair nets are sanitized:
- a) after each use
 - b) once a week
 - c) once a month
 - d) once a week
17. Each client's hair should be styled according to the wishes of the:
- a) cosmetologist
 - b) salon manager
 - c) client
 - d) client's spouse
18. Using thermal irons on chemically treated hair can cause hair to:
- a) break off
 - b) become healthier
 - c) darken
 - d) lighten
19. Brushing a synthetic wig when it is wet can:
- a) discolor the strands
 - b) dissolve the strands
 - c) break the strands
 - d) remove the curl
20. Excess heat can cause synthetic hair strands to stick together and:
- a) burn up
 - b) dissolve
 - c) become curlier
 - d) lose their curl
21. To prevent hair from becoming dry and brittle, wigs should be:
- a) tinted
 - b) lightened
 - c) reconditioned
 - d) permanently waved
22. A disease that spreads by personal contact is known as a:
- a) non-contagious disease
 - b) contagious disease
 - c) systemic disease
 - d) deficiency disease
23. Using electric vaporizing thermal irons on pressed hair can cause hair to revert to its natural:
- a) overly curly state
 - b) elasticity
 - c) color
 - d) porosity
24. If hair breaks under very slight strain, it has:
- a) outstanding elasticity
 - b) very good elasticity
 - c) good elasticity
 - d) little or no elasticity
25. A conditioner-filler is a product containing:
- a) Protein
 - b) carbohydrates
 - c) ammonia
 - d) hydrogen peroxide

26. The layer missing from fine hair is the:

- a) cuticle
- b) cortex
- c) medulla
- d) follicular layer

27. Which of the following is the best way to dispose of cut hair

- a) Burn it at the end of the day
- b) Collect the hair in a separate bag
- c) Collect with other dirt and put in the bin
- d) Keep in the bag and handover to the client

28. Two emotions that can be injurious to good health are worry and:

- a) hope
- b) courage
- c) fear
- d) sincerity

29. The primary purpose of hair is to:

- a) keep the scalp oily
- b) protect and adorn the head
- c) keep the scalp dry
- d) keep dandruff in place

30. No sense of feeling is found in the:

- a) skin
- b) hair
- c) fingers
- d) lips

31. Hair receives its nourishment from the hair papilla which contains :

- a) blood vessels
- b) muscles
- c) glands
- d) fatty tissue

32. The medulla of the hair is found in the:

- a) center of the hair
- b) outer layer of hair
- c) second layer of hair
- d) cuticle layer of hair

33. The hair cortex is the:

- a) outer layer
- b) pith layer
- c) inner (second) layer
- d) marrow

34. When the pigment is gone and air spaces develop, the hair appears to be:

- a) black
- b) brown
- c) dull
- d) grey

35. A person with no coloring matter in his hair is a /an :

- a) brunette
- b) brownette
- c) albino
- d) redhead

36. The muscle connected to the hair follicle is called the :

- a) epicranii
- b) arrector pili
- c) procerus
- d) auricularis

37. Hypertrichosis means the growth on the body of excess :

- a) hair
- b) skin
- c) warts
- d) keratoma

38. The sebaceous glands supply sebum which keeps the hair :

- a) dull
- b) soft
- c) coarse
- d) long

39. The hair layer that is sometimes missing in women's hair is the :

- a) medulla
- b) cortex
- c) cuticle
- d) lanugo

40. Frequent shampooing with strong soap may cause the scalp and hair to become :

- a) ulcerated
- b) oily
- c) dry
- d) thickened

41. When damaged hair and a dry, tight scalp exist. recommend :

- a) a dry powder shampoo
- b) a dry liquid shampoo
- c) dry
- d) scalp treatments

42. A scalp treatment should not be given prior to a :

- a) shampoo
- b) permanent wave
- c) hair setting
- d) dandruff treatment

43. Moisturizing and emollient materials are used when treating a /an :

- a) dry scalp
- b) oily scalp
- c) acne condition
- d) seborrhea condition

44. A condition of premature baldness or excessive loss of hair is referred to as :

- a) pityriasis
- b) seborrhea
- c) alopecia
- d) canities

45. Which of the following tool is used to set hair temporarily
- a) Hair steamer ,hood dryer ,hair dryer
 - b) High frequency machine, hair iron ,hair steamer
 - c) Curling tongs ,crimper , hair iron
 - d) Hair gel ,hair moose ,hair spray
46. When using a razor, the hair must be damp in order to prevent:
- a) stretching of hair
 - b) excessive thinning
 - c) scraping the hair
 - d) dulling the razor
47. Before giving a shampoo, it is advisable to :
- a) recondition the hair
 - b) style the hair
 - c) color the hair
 - d) examine the hair and scalp
48. The condition of hair can be tested by
- a) Use of chemicals
 - b) Test the texture of hair
 - c) Tie the hair
 - d) Comb the hair
49. Give the stages of hair growth in order to
- a) Anagen , catagen ,telogen
 - b) Telogen , catagen , anagon
 - c) Anagen , telogen , catagen
 - d) Catagen , anagen , telogen
50. Cross checking a haircut is important
- a) Hair is cut to the style client wants
 - b) Selected hair cut is accurate
 - c) Length of the hair cut is 100% correct
 - d) All of the above is correct**

(2x50 Marks)