



**Tertiary and Vocational Education Commission**  
**Knowledge Assessment – July 2022**  
**Beautician**  
**National Vocational Qualification Level 04**



**Time: 1 1/2 Hours**

**Instructions for the Candidates**

- Answer all questions
- In each of the questions from 1 to 50, pick the one of the alternatives (a), (b), (c), (d) which you consider is correct or most appropriate.
- Mark a cross (x) on the number corresponding to your choice in the answer sheet provided.
- This question paper consists of 08 pages

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**Part 1**

1. Which of the followings stops the growth of micro-organisms on non-living surface?
  - a) Dry sanitizers
  - b) Disinfectants
  - c) Antiseptics
  - d) Antibiotics
2. When cleaning the nails during a manicure, brush strokes should be directed to;
  - a) Upward
  - b) Circular
  - c) Downward
  - d) Sideways
3. Which of the followings can be used by a nail technician to strengthen weak natural nails?
  - a) Fabric wrap
  - b) Nail primer
  - c) Acetone
  - d) Acrylic liquid Primer
4. Effleurage during a pedicure is;
  - a) Pressure applied with a fist
  - b) Smooth, continuous strokes
  - c) Kneading upward and downward
  - d) Light tapping the foot
5. Pus is a sign of;
  - a) Epidemic
  - b) Acquired immunity
  - c) Natural immunity
  - d) Infection

6. One difference between viruses and bacteria is that bacteria;
  - a) Can live on their own
  - b) Become part of cells
  - c) Are resistant to antibiotics
  - d) Can penetrate into the cells
  
7. UV gel products are usually packed in opaque pots or;
  - a) Glass jars
  - b) Clear plastic bottles
  - c) Plastic bags
  - d) Squeeze tubes
  
8. What are the basic steps to properly disinfect a foot spa after each pedicure service?
  - a) Drain and remove water and contaminants, add soap and water, rinse, and dry
  - b) Drain and remove water and contaminants, clean surface, disinfect with approved disinfectant, rinse and dry
  - c) Drain and remove water, disinfect with approved disinfectant, rinse and dry
  - d) Change water, add soap. disinfect with approved disinfectant, thoroughly rinse and dry
  
9. One of the major elements required for good health is proper:
  - a) Diet
  - b) Training
  - c) Clothing
  - d) Coworkers Knowledge
  
10. The process of softening and emulsifying hardened sebum stuck in follicles is called:
  - a) Massage therapy
  - b) Iontophoresis
  - c) Désincrustation
  - d) Electro therapy
  
11. Scaly feet commonly requires.....treatment in the salon.
  - a) Daily
  - b) Weekly
  - c) Monthly
  - d) Year
  
12. Massage given during manicures and pedicures focuses on:
  - a) Draining lymphatic fluid
  - b) Muscle stimulation
  - c) Pain relief
  - d) Relaxation

13. Which of the following products is designed to loosen and dissolve dead tissue from the nail plate?
- Moisturizing lotion
  - Non-acetone remover
  - Acetone remover
  - Cuticle remover
14. A..... foundation provides heavier coverage and is usually intended for dry skin types.
- Water-based
  - Cream
  - Powder
  - Gel
15. A..... color is lighter than the client's skin tone and may have any finish.
- Base
  - Contour
  - Medium
  - Highlight
16. To clean professional makeup brushes, a gentle shampoo or brush solvent is used and the brush is placed into running water with the ferrule;
- Pointing outward
  - Pointing upward
  - Pointing downward
  - Removed
17. To create a tertiary colour you have to mix equal amount of a secondary colour and;
- Its neighboring primary colour on the colour wheel
  - Its opposite primary colour on the colour wheel
  - Another secondary colour
  - Its complementary colour
18. Which of the following eye colour is considered as neutral and can wear any makeup colour?
- Green
  - Brown
  - Hazel
  - Blue
19. The best type of lighting for colour evaluation in a salon consultation area is;
- Incandescent light
  - LED light
  - Fluorescent light
  - Natural light

20. To minimize a short and flat nose, a lighter foundation is applied;
- On the sides of the nose and on end of the cheeks and nose
  - Down the center of the nose and at the ending tip
  - On the sides of the nose and nostrils
  - On the sides of the nose and on the laugh lines of the face
21. In eyebrow arching, the highest part of an eyebrow arch is from the outer circle of the iris to
- Upward
  - Outer corner of the eye
  - Outer corner of the nose
  - Middle of the nose
22. When red is \_\_ based, it is a cool color.
- Orange
  - Yellow
  - Gold
  - Blue
23. The use of \_\_\_ minimizes prominent features so they are less noticeable.
- Highlights
  - Shadows
  - Bright colors
  - Bright shades
24. What is the goal of an effective makeup application?
- To cover up any wrinkles or blemishes
  - To remake the client's image according to an idea standard
  - To add a great deal of color to the client's face
  - To enhance the client's individuality
25. If a client has close-set eyes, it is recommended to apply shadow lightly:
- Upward from the top of the eyes
  - Inward towards the nose from the inner edge of the eyes
  - Upward from the outer edge of the eyes
  - Downward from the lower edge of the eyes
26. If the client has a square face, it is recommended to;
- Create a high arch on the ends of the eyebrows
  - Make the eyebrows almost straight
  - Widen the distance between the eyebrows
  - Trim the outer edges of the eyebrows

27. Which of the following is a thick, heavy type of foundation used to hide dark eye circles, dark splotches and other imperfections?
- Face powder
  - Concealer
  - Cake makeup
  - Greasepaint
28. Heavy makeup that is used for theatrical purposes is known as;
- Cake makeup
  - Foundation
  - Concealer
  - Greasepaint
29. Which of the following is also known as a base makeup?
- Foundation
  - Color primer
  - Cheek color
  - Lip liner
30. Which of the following is used primarily to add a natural-looking glow to the cheeks?
- Greasepaint
  - Color primer
  - Foundation
  - Blusher
31. Which of the following is a cosmetic preparation used to darken, define and thicken the eyelashes?
- Eye shadow
  - Eyeliners
  - Mascara
  - Concealer
32. Which of the following is applied to the skin before the foundation to conceal out and help disguise skin discoloration?
- Color primer
  - Cake makeup
  - Cheek color
  - Face powder
33. A\_\_ is a mineral or color agent and from which the pigment is derived.
- Tone
  - Lake
  - Blot
  - Matte

34. When a cleanser is removed from the eye area, it should be done with a damp facial sponge or cotton pads;
- In an upward and outward movements
  - In down and across movements
  - With back-and-forth movements
  - In circular movements
35. When a skin analysis is performed with a magnifying lamp, the first thing the technician should look for the presence or absence of:
- Closed comédons
  - Visible pores
  - Evaporated cells
  - Oily skin areas
36. Skin that has small pores and may be flaky or dry with fine lines and wrinkles is characterized as:
- Dehydrated
  - Oily
  - Normal
  - Sensitive
37. Oily skin or skin that produces too much sebum may appear shiny or greasy and have:
- Even pore distribution
  - Small pores
  - Flakes
  - Large pores
38. Red pimples that do not have pus heads are referred to as;
- Elastin pimples
  - Acne pimples
  - Pustules
  - Moles
39. Which of the following is a skin condition that is caused by sun exposure or hormone imbalances resulting in dark blotches on the skin area?
- Hypertrichosis
  - Acne
  - Dehydration
  - Hyperpigmentation
40. Which of the following is a chronic hereditary disorder indicated by constant or frequent facial blushing?
- Rosacea
  - Tinea
  - Acne
  - Albinism

41. Beauty professionals are only allowed to use products that remove surface dead cells from the:
- Subcutaneous tissue
  - Stratum dermis
  - Stratum corneum
  - Dermal layer
42. A \_\_\_\_\_ is a highly concentrated skin product applied under a moisturizer or sunscreen.
- Gommage
  - Tonic
  - Mask
  - Serum
43. Which of the following massage movements involves with the use of light continuous stroking movements of the fingers in a slow rhythmic manner?
- Tapotement
  - Petrissage
  - Kneading
  - Effleurage
44. Which of the following is a form of petrissage in which the tissue is grasped, gently lifted and spread out?
- Fulling
  - Rolling
  - Friction
  - Chucking
45. What is the most stimulating form of massage?
- Fulling
  - Stroking
  - Tapotement
  - Chucking
46. Water-soluble products are penetrated into the skin using galvanic current and a process. The process is called as:
- Iontophoresis
  - Micro penetration
  - Cathodization
  - Extraction
47. If you use harsh scrubs on sensitive skin, it can;
- Aggravate redness
  - Possibly affect the client's pacemaker
  - Cause severe blistering
  - Cause an infectious disease

48. Sun-damaged skin is often confused with;
- a) Sensitive skin
  - b) Inflamed skin
  - c) Aging skin
  - d) Hypo-pigmented skin
49. Compared with day-use products, night treatments are usually;
- a) Lighter
  - b) Equal in strength
  - c) Less intensive
  - d) More intensive
50. One of the main benefits of massage is that it;
- a) Causes clients' skin to tense. Opens the pores
  - b) Eliminates the need for treatment products
  - c) Increases product absorption
  - d) Decreases the conditioning effect of treatment products

(02 x 50 = 50 marks)







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**Instructions for the Candidates**

- Answer any five (05) Questions.
- Answer the questions in the spaces provided in the same question paper
- This Question paper consists of 08 pages.

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**Part 2**

1.
  - i). Write down the steps involved in preparing a facial bed. (2.5 marks)
  - ii). What are the most important aspects to be kept in the mind regarding the client consultation process? (2.5 marks)
  - iii). Explain how to diagnose psoriasis. (2.5 marks)

iv). Describe step by step about the facial care of acne prone skin. (2.5 marks)

2.

i). Name four nail diseases. (01 mark)

ii). Explain how to identify each nail diseases. (04 marks)

iii). Can a product become unusable before the expiration date? If it is so, how do you identify it? (02 marks)

iv). Describe the functions of high frequency machine. (03 marks)

3. i). What is the importance of the sanitation? (01 mark)

ii). Explain five (05) main personal sanitation issues that makeup artists must remember? (2.5 marks)

iii). Briefly explain, what is meant by the T-zone on the face. (2.5 marks)

iv). Explain about the activities that need more attention in face threading. (04 marks)

4.

i). List down eight (08) things that should be found in a first aid kit at a beauty salon. (02 marks)



ii). List out four (04) uses of cleansing milk and four (04) uses of cleansing lotion. (02 marks)

- iii). Explain the differences between cleansing milk and a cleansing lotion. (03 marks)
- iv). Briefly explain the underarm waxing procedure. (03 marks)
- 5.
- i). Name four (04) massaging movements used in pedicure. (02 marks)
- ii). Explain each of the above massage movement. (04 marks)

iii). Explain Water Base makeup products and their uses. (02 marks)

iv). How vitamin A does help skin? (02 marks)

6. i). Name three (03) types of moisturizers according to the skin type. (1.5 marks)

ii). Explain the uses of each of the above moisturizer. (03 marks)

iii). Name and describe two (02) stages of disinfection. (03 marks)

iv). Name and briefly describe three (03) skin conditions caused by the sun exposure. (1.5 marks)

7.

i). Name four (04) telephone etiquettes to be maintained during customer communication. (02 marks)

ii). State four (04) factors to be considered in establishing a new beauty salon. (02 marks)

iii). Briefly explain advertising and promotional techniques for a beauty salon. (03 marks)

iv). Briefly explain the government business regulations. (03 marks)

