



# TERTIARY AND VOCATIONAL EDUCATION COMMISSION

NVQ Level 5 Semester I Examination - 2020/21

## Diploma in Cosmetology Advance Skin Care - 093C001M06

Answer any **five (05)** Questions. Time: 3 Hours

Total Marks: 100

### Q01.

- A. What are the malpractices done by most of Sri Lankan beauticians within first conversation with a client (05 marks)
- **B.** Write down two approaches can follow to convey your clients about the cost for beauty treatments in comfortable manner. (04 marks)
- **C.** Briefly discuss the importance of keeping client data records in the workplace. (05 marks)
- D. State two types of skin problems of the clients having dry skin and oily skin which can be identified in skin analysis. (06 marks)

#### (20 marks)

#### Q02.

- A. How do you recommend a natural mask as a skin care treatment to your clients? Include 2 example natural masks, the method of selection of those masks and the benefits associated with the treatment. (You may use a table.) (06 marks)
- **B.** What are the most important factors that should be concerned when applying eye serums and creams (04 marks)
- **C.** In pretreatment procedure, sanitization of tools and equipment is very important. Briefly write down the steps of sanitization of a metallic tool set. (05 marks)
- **D.** What are the benefits associated with Alpha Hydroxy Acid (AHA) treatment

(05 marks)

(20 marks)

- A. Discuss the physical exfoliation treatment using facial brush machine illustrating its advantages and drawbacks.
  (08 marks)
- B. Paraffin wax is used as a heat treatment and also it acts as a moisturizing agent. Briefly explain this statement. (06 marks)
- C. Vapour zone machine is used at various stages of beauty care treatments. Briefly explain the usage of vapour zone machine in pigmentation treatment. (06 marks)

### (20 marks)

#### Q04.

- A. Galvanic treatment is divided into two sub treatments based on the purpose of the application. What are they
  (02 marks)
- B. Briefly explain the mechanisms involved in above mentioned sub treatments.(08 marks)
- C. Is galvanic treatment ever dangerous? Briefly explain your answer. (04 marks)
- D. Galvanic treatment can be used in acne treatment procedure. Do you agree with this statement? Explain your answer with logical reasons. (06 marks)

### (20 marks)

### Q05.

- A. State the two types of electrodes used in high frequency treatment based on filled gas and describe the specific usages of above mentioned electrodes giving reasons. (06 marks)
- B. Mention the two types of high frequency treatment and discuss the differences between two types.(08 marks)
- C. Who are the most suitable candidates for above mentioned each type of high frequency treatment (06 marks)

### (20 marks)

#### Q06.

- A. What is the major objective of face lifting treatment (03 marks)
- B. The vaporizing is done on the skin after it has been cleansed and analyzed. Briefly explain the reason.
  (04 marks)
- C. Distilled or filtered water should be used in the vaporizer. What happen with the use of tap water? (04 marks)
- D. Discuss the importance of maintaining the recommended water level in vapor zone machine. (04 marks)
- E. The vapor should be sent approximately sixteen inches from the client's face. Briefly explain the reason. (05 marks)

#### (20 marks)

#### Q07.

A. Discuss the importance of properly maintained hot and cold water supply in beauty salon.

(04 marks)

B. Write down the symptoms of repetitive strain injury (RSI) and the prevention techniques.

(04 marks)

- C. Briefly describe the three types of dermatitis. (06 marks)
- D. List out the prevention methods for slips, trips and falls in your workplace. (03 marks)
- E. "Safe use of skin care products" is highly recommended for beauty salons. Mention four guidelines which should be followed to implement above practice at your work place.

(03 marks)

(20 marks)